

Corona rapid test positive Tested positive - what to do?

Status: 25.07.2022

(BR.de > Radio > BAYERN 1 > Corona Schnelltest positiv)

If you have taken an antigen self-test that shows a positive result, you should isolate yourself immediately and avoid contact with other people as much as possible. Then contact your family doctor or call 116 117 to discuss further action. As a general rule, you are entitled to a PCR test.

If your positive test result comes from a rapid antigen test carried out by specialist personnel - for example, a doctor's practice or a testing center - you must isolate yourself and discuss the further procedure with your GP or on 116 117. In the case of high infection rates, the result of the rapid test does not need to be confirmed by a PCR test, emphasizes the Federal Center for Health Education on its website.

Difference between isolation and quarantine

Although both somehow mean staying away from your fellow human beings, isolation and quarantine are not the same thing: quarantine is imposed when it is uncertain whether a person has become infected (for example, after contact with an infected person). Isolation, on the other hand, is ordered when there is a positive test result, meaning that an infection has actually been proven.

How long do I have to be in isolation?

If you were symptom-free in the 48 hours prior, isolation ends after 5 days following a positive PCR result - otherwise 10 days after the positive notice. For this purpose, the day after testing is considered the first day of isolation.

The Bavarian Ministry of Health asks to avoid unnecessary contacts in the first 5 days after the end of isolation as a precaution and to wear a FFP2 mask outside the house in any case.

Those who still feel symptoms after 10 days of isolation are asked to stay in isolation for 5 more days and test themselves.

Unlike at the beginning of the pandemic, those who test positive are not required to report to the health department; however, if you have questions, you may of course do so.

To whom do these isolation regulations apply?

According to the Bavarian Ministry of Health's announcement of June 29, 2022, "the regulations and rules of conduct (...) apply to all persons who test positive for SARS-CoV-2 - including those who have previously contracted Corona (convalescents), those who have been vaccinated twice, and those who have been vaccinated multiple times, i.e., including persons with booster vaccinations."

We therefore urgently request you to isolate yourself as best you can.

- Avoid any personal contact.
- Please stay in your room for the time being and inform the house management by phone (+49 157 38567002). We support you with the necessary steps.

Your Berghof team

Dr. med. Thomas Bonin, specialist in general medicine in Biebergemünd Consultation

hours in Wiesen, Dr.-Frank-Str. 2:

Monday 8:00 a.m. - 12:00 p.m.

Thursday 4:00 p.m. - 7:00 p.m.

Office hours in Biebergemünd

Büchelbach 18, 63599 Biebergemünd Telephone:

0 60 50/15 16 Fax: 0 60 50/20 51 **Opening hours:**

Monday 4:00 p.m. - 6:00 p.m.

Tuesday 8:00 a.m. - 12:00 p.m.

Wednesday 8:00 a.m. - 12:00 p.m.

Thursday 8:00 a.m. - 12:00 p.m.

Friday 8:00 a.m. - 12:00 p.m.

Other office hours: further appointments for the office hours by arrangement